NSF DAHLGREN MWR Morale, Welfare and Recreation NEWSLETTER

December





DECEMBER 2015 MWR EVENTS



All patrons with base access are welcome in MWR facilities with the exception of the Liberty Center which is for E1- E6 Single/ Unaccompanied Active Duty Military only.

201



December 3, 2015 from 5:30 to 7:30 p.m. Location: Dahlgren Parade Field

Bring the entire family for a sugar frosted evening of fun! Activities include the tree lighting at Sampson Circle, pictures with Santa, games, holiday crafts, special characters in costume and a trackless train. Enjoy cookies and hot cocoa. This is a free event and open to all with base access. For more information contact the Community Recreation ITT office at 540-653-8785.

MMMR Holiday Hours

All of us at MWR wish you the happiest of holidays and a wonderful new year! All holiday hours are listed with each facility. Visit www.NavyMWRDahlgren.com to stay up to date on all MWR facility hours of operation and closures.

The following facilities will be CLOSED December 25 and January 1 (unless noted otherwise):

Administration Office Aquatics Center Auto Skills/Outdoor Rec Cannonball Lanes Child Development Center Craftech Library Theater Youth Center Fitness Center - January 1, open 10 a.m. to 2 p.m.

2015 White House Christmas Ornament



White House Christmas Ornaments at Community Recreation ITT!

The 2015 White House Christmas ornament honors the administration of Calvin

Coolidge, who served as the thirtieth president of the United States from 1923 to 1929. A depiction of the first National Christmas tree crafted from shiny brass plated with nickel and 24k gold is illuminated from within and hung with ornaments representing the events of Coolidge's unique life and presidency. Stop by Community Recreation ITT and pick up your 2015 White House Ornament today! Cost: \$16.75

Aquatics Center 540-655-8088

The Aquatics Center will be CLOSED December 25 & 26 and January 1 & 2.

Family Float Night

December 11, 2015 from 5 to 7 p.m. Summer may be long gone, but Family Float Night at the Aquatics Center is staying warm for winter! Inflatables will be allowed so bring your favorite inflatable and float. If no one is present by 6 p.m. the pool will continue to close for the evening. Cost: Regular Admission

Auto Skills Center 540-653-4900

The Auto Skills/Outdoor Rec will be CLOSED December 25 & 26 and January 1.

The center has 4 bays with 3 lifts. Get the guidance you need for engine diagnostics and suspension components replacement and general maintenance on your vehicle. The Auto Skills staff will mount and balance tires for customers requiring that service.

There is a small fee of \$6.00 per hour for Military, Military Dependents and Retired Military. The Civilian rate is \$7.00 per hour for use of one bay. These prices include the use of tools and fluid disposal.

Oil Change and Fluids Check Class December 8, 2015 from 11 a.m. to 1 p.m. Never changed your oil before? Learn how to perform basic maintenace on your face. Regular oil changes will extend the life of your car. Register by December 4. Cost: FREE



Bingo 540-653-8785

Bingo will be CLOSED December 24.

Ugly Sweater Bingo December 17, 2015 Doors open at 4 p.m. Early Bird games start at 5 p.m.

Show off your most ridiculous, ugliest Christmas sweater and enjoy the fun and festive atmosphere! The jackpot starts at \$1,000 and 48 numbers and will increase \$100 and 1 number each week it is not won. Payouts for regular games start at \$50. Two new games have been added for a total of 11 games. Double Action is a coverall game. Cards are an additional \$1, but offer a \$75 payout! MWR Appreciation is a coverall game as well for an additional \$1 with a 90% payout of sales brought in for that card. Food and beverages (non-alcoholic and adult beverages) are available for purchase. All with base access are invited. Participants playing bingo must be 18 years of age or older. A valid form of identification must be shown to purchase alcoholic beverages.



Cannonball Lanes 540=653=7327

Cannonball Lanes will be CLOSED December 25 and January 1.

Games: Military \$3.00; Civilian \$4.00 Hourly Bowling: Military \$20.00; Civilian \$25.00 Shoe Rental: Military \$1.50; Civilian \$2.50

Winter Hours: Cannonball Lanes will open at 2 p.m. everyday except during football season. During football season opening hours on the weekends are 11 a.m. on Saturdays and noon on Sundays.

Looking to have a birthday party or after work gathering at Cannonball Lanes? Stop in or call today to inquire about plans and rates for renting out the multipurpose room.

> **Sunday Special** Every Sunday from 2 to 7 p.m. Join us every Sunday for \$2.00 games and \$1.00 shoe rentals!

Ten Dollar Tuesdays Every Tuesday from 2 to 9 p.m. Every Tuesday, get a lane of bowling for one hour, for only TEN dollars!

Buy a Game, Get a Game Wednesdays Every Wednesday from 2 to 9 p.m.

Every Wednesday, buy one game, get a second game for FREE!

Santa Hat Bowling December 2015 every Wednesday from 2 to 9 p.m.

Come to Cannonball Lanes every Wednesday during the month of December and wear a Santa hat to receive a free game of bowling!



All-U-Can Bowl Fridays Every Friday from 7 p.m. to midnight Enjoy two hours of all you can bowl! Rates for all you can bowl are: Military \$6.95/person & Civilian \$7.95/person. Both rates include

shoe rental.

Cosmic Bowling Every Saturday from 7 p.m. to midnight Enjoy music and lights while bowling!

Ham Bowl December 1 - 17, 2015

Bowl 3 spares and enter your name into the drawing for a chance to win a Christmas ham! Three winners will be announced after the drawing take place at noon on Friday, December 18. Regular rates apply.

Youth Learn to Bowl December 5, 2015 from 2 to 4 p.m. Eligible patrons include all chil-

dren, ages 5 to 12, with base access. Cost: \$7.50/child, which includes two games and shoes. Bowling instruction will be provided for those learning to bowl!

Child & Youth CDC 1&2: 540-655-4994 YAC: 540-653-8009

The CDC and YAC will be CLOSED December 25 & 26 and January 1 & 2.

Hourly Care Location: Child Development Center and **Youth Activities Center** Eligible patrons include all children 6 weeks to 12 years of age. Care is available on a day to day

basis and requires advance reservations. Hourly care reservations as well as payments for care can be made online at https://myffr.navyaims. com/ndwcyms.html Cost: \$4.00/hour.

Give Parents a Break Location: Child Development Center Bldg 437

Eligible patrons include all children 6 weeks to 5 years of age, not yet in kindergarten. The Dahlgren CDC will offer hourly child care on the 1st and 3rd Friday of each month from 7 to 11 p.m. and the 2nd Saturday of each month from 8 a.m. to 5 p.m. This program is free for respite care referrals and \$4.00/hour for all other patrons. Please make your reservation no later than 6 p.m. on the Monday prior to your desired care date. Reservations can be made in the center or over the phone.

Friday Night Teen Night Fridays at the YAC from 6 to 8:30 p.m. FREE program open to Military, DoD Civilians and Contractor Dependents ages 13-18. Sponsors must come to the Youth Center to fill out a registration packet. Teens will have access to the computers, video games, stereo system, Playstation, board games and crafts. All teens have the opportunity to participate in the Youth Sponsorship (3rd grade-12th grade) or Youth Council. (9th grade-12th grade).

Saturday Open Recreation Saturdays at the YAC from 10 a.m. to 2 p.m. FREE program open to Military, DoD Civilians and Contractor Dependents, school ages K – 12. Sponsors must fill out a yearly registration packet for their child to attend. They can pick up the packets at the Youth Activity Center. Children will have access to facility (computers, music, crafts, books and more).

Kid's Christmas Bingo December 5, 2015 from 2 to 4 p.m. Location: Dowell Community House

Pre-register for the Kid's Christmas Bingo at the MWR Admin Office by December 3. Every child will have a chance to win gifts and prizes. Cost: \$10.00

Santa's Calling! December 9, 2015 from 6 to 7:30 p.m.

Send a special message to a child this Christmas from Santa. Operators are standing by at the North Pole phone center to put your child's name on Santa's telephone list. Please register at the Youth Center by December 8.

Craftech 540-655-1730

Craftech will be CLOSED December 25 and January 1.

Take part in Craftech's new holiday classes and add your own festive flair to your home! All classes listed below can be taken in a group or individual setting. Reserve a class with Craftech and begin creating!

> **Custom Christmas Wreaths** Custom create a Christmas wreath! Cost: \$60.00, to include all materials

Stained Glass Christmas Tree Window

Create a stained glass holiday tree window. Cost: \$80.00, to include all materials

Christmas Gift Packs

We're teaming up with the YAC for children to create their own design on a mug, coaster and mouse pad to give as gifts! Cost: \$10.00 per gift set

Make a Sock Snowman

A take on the popular sock monkey, join us in making a child friendly sock snowman to keep for your own or give as a gift! Cost: \$6.00 each

Fitness Center 540-655-8530

The Fitness Center will be CLOSED December 25 and OPEN December 31 5 a.m. to 5 p.m. and January 1 10 a.m. to 2 p.m.

Women's Volleyball 6v6 December 1 -15, 2015

Bump, Set, Spike! Register at the Dahlgren Fitness Center for Women's Volleyball.

3-on-3 Basketball Tournament December 1 -15, 2015 Join the Dahlgren Fitness Center for some great basketball fun with 3-on-3 Basketball.

Rock the Bells Dodgeball Tournament

December 15, 2015 at 4 p.m. Rocks the bells and showcase your dodgeball skills! Prizes will be awarded. Register by December 14. Cost: \$1.00 per person

NSF Dahlgren MWR Facility Phone Numbers

MWR Admin Office 540-653-7777 17267 Dahlgren Rd, Bldg. 205

Aquatics Center 540-653-8088 6110 Jenkins Rd, Bldg. 1193

Auto Skills Center/ Gear Issue & Equipment Rental 540-653-4900 6138 Golf Lane, Bldg. 1282

Cannonball Lanes Bowling Center 540-653-7327 6158 Jenkins Rd, Bldg. 135

> Child Development Center 1 540-653-4994 6044 Jenkins Rd, Bldg. 212

> Child Development Center 2 540-653-4994 727 Sampson Rd, Bldg. 437

Child Development Homes 540-653-4342

Craftech Hobby Shop 540-653-1730 6123 Jenkins Rd, Bldg. 2007

Community House, Parade Field and Joy Park 540-653-8785 6280 Greenslade Rd, Bldg. 243

> Dahlgren Movie Theater 6238 Welsh Rd, Bldg 117 540-653-7336

Fitness Center/Gymnasium 540-653-8580 17540 Dahlgren Rd, Bldg. 1610

General Library 540-653-7474 6090 Jenkins Rd, Bldg. 1194

Gray's Landing on the Potomac 540-653-8277 17482 Potomac Inn Rd

Information, Tickets & Tours 540-653-8785 6168 Jenkins Rd, Bldg. 106

Liberty Center 540-653-7277 6168 Jenkins Rd, Bldg. 106

Youth Activities Center 540-653-8009 6118 Jenkins Rd, Bldg. 470

Visit us online for weekly updates and printable flyers of MWR special events, movie schedule, restaurant menu, sports events, FFSC classes & much more!

General Library 540-653-7474

The General Library will be CLOSED December 25 & 26 and January 1.

Storytime at the Library Every Friday at 10 a.m.

Short or tall, big or small, enjoy storytime and crafts for all! Join the General Library every Friday to read a story and make a craft.

One-on-One Computer Help December 1, 2015 from 3 to 5 p.m. by appointment.

Need help with a certain computer program? Don't know where to start? Sign up for a 30 minute, one-on-one session at the library, to work on whatever you'd like. Please register by November 27.

Crafternoon

Join us for the first three Thursdays in December at 4 p.m. to help spread the holiday cheer! We'll bring the supplies, you bring the creativity. There will be activities available for all ages! **December 3, 2015** - Make your own ornament **December 10, 2015** - Storytime and pictures with Santa **December 17, 2015** - Make your own gingerbread house Cost: FREE

Win a Gift Card! December 7-12, 2015

All check out transactions and new library card signups will earn you an entry to win a gift card! Be sure to stop in December 10 for storytime with Santa at 4 p.m.



Paws for Reading December 8, 2015 from 3:45 to 5 p.m.

Curl up with a furry friend and read them a story! The General Library will hold Paws for Reading the second Tuesday of every month and give young readers the opportunity to read to their four legged companion. Reading to a pet can help build confidence in young readers. Register online at http://engagedpatrons.org/ Events.cfm?SiteID=6188 and clicking on a selected time or by calling the library at 540-653-7474.

Half Day, Craft Day December 10, 2015 at 12:30 p.m.

School's out early! Spend the second half of your day at the library with fun activities for all! Snacks will be provided. Need a gift? December's craft will be holiday themed!



Liberty Center 540-653-7277

The Liberty Center will be OPEN December 25, 26 & January 1 noon to 10 p.m. and December 31 noon to 1 a.m.

The Liberty Center and all activities listed are for Liberty Center Patrons Only: E1- E6 Single/Unaccompanied Active Duty Military.

Birthday Drawing

If you have a birthday in December, place your name with us at the Liberty Center for a drawing to win a special gift! Drawings take place at the end of each month.

Wing Wednesday

December 2 & 16, 2015 at 3:30 p.m. Enjoy FREE hot wings while they last!

Sailor Cookie & Christmas Bags December 8 & 10, 2015

Courtesy of Liberty, pick up your Sailor Cookie Bags December 8 and Christmas Bags December 10!

Downtown DC Holiday Trip December 5, 2015 at 9 a.m.

Looking for a special Christmas gift and can't find it? Take advantage of a free trip to the DC Shopping Outlets to find that perfect gift! Sign up at the Liberty Center by December 2.

Busch Gardens' Christmas Town December 19, 2015

Celebrate the spirit of the season at Busch Gardens' Christmas Town! Join us in bringing the holiday traditions to life with heartwarming shows, delicious holiday dining and festive shopping opportunities. Sign up at the Liberty Center by December 17.

Holiday Dinners

Not going anywhere for holidays? Join us at the Liberty Center December 24, 25 & 31 and January 1 for a delicious Christmas and New Year's feast provided by Gray's Landing beginning at 4 p.m.

Theater

540-653-7336

The Theater will be CLOSED December 25, 26, 31 and January 1. Showings resume January 2 at 7 p.m.

Kid's Christmas Movie Marathon December 19, 2015

It's officially winter break! Join us at the Dahlgren Theater for your favorite Christmas movies to get you in the holiday spirit! Cost: FREE

Christmas Movie Mondays

Is the holiday shopping getting to be too much? Relax and watch your favorite family holiday movies at 1 p.m. for free! **December 21:** *Frozen* **December 28:** *Rise of the Guardians*

4