

### **Naval Support Activity South Potomac**

# **School Liaison Program News**



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## WHAT'S NEW???

National Capital Region's Youth Sponsorship Summit is rescheduled to Sept. 9 to 11 at River Valley Ranch, MD. Please save the date for your 8<sup>th</sup> to 12<sup>th</sup> Grade Students.

Charles County Public School has started a virtual academy for high school students. Please check the website <u>www.ccboe.com</u> for more info

FREE Centennial Junior Ranger Book https://www.nps.gov/kids/pdf/Centen nial-JrRangerBooklet.pdf

## FREE WEBINARS/TRAINING

School Transitions: What Parents Need to Know May 11 3 pm EST. Follow the link to register https://cc.readytalk.com/cc/s/registrati ons/new?cid=eq0sqm9usnbh Transitioning with Children with SPECED Needs May 18 1 pm EST. Click the link to register https://cc.readytalk.com/r/2h8uf6ctga py&eom

Tips for Teachers Working with Children during Deployment May 3 1pm. Follow the link to register Reunion: It's a Process, Not an Event May 12 at 1 pm EST. Register https://attendee.gotowebinar.com/regi ster/2565188488852109569

Helping Military Children Discover their SPARC May 20 8 am to 4 pm Colony South Hotel and Conference Center Clinton, MD. Visit www.MilitaryChild.org/training. "We make a living by what we get; we make a life by what we give." -Winston Churchill

May is Military Spouse Appreciation Month!

#### **<u>Preparing Children for School and Beyond</u>**

The range and quality of child's early life experiences play a big role in the consideration of school readiness. Stable family structure and enriched home environment help shape children's early cognitive, emotional, social and motor development, thus becomes the foundation of school readiness. What are some ways in helping your child ready to enter the social environment that is primarily focused on education?

First, gauge your child's skill level. How is his/her self-esteem, interest in making friends, attention span, reading interest and self-help skills, mostly independence in toileting?

If your child is interested in learning, making new friends, managing his/her physical needs and handling himself with others, and he can follow simple rules, then he/she'll probably do fine in school.

For a good overview of the kindergarten readiness issue visit <u>www.parents.com/articles/ages\_and\_stages/3146jsp</u> and <u>www.howkidsdevelop.com/developKindergarten.html</u>.

Providing regular love, attention and support gives confidence and will allow your student to try new things and take risks. Offer encouragement by praising his/her efforts and being physically present providing support as needed. Establish rules and limits and stick with them. Allow your child to have responsibility at home and at school. Get them involved in making meals, doing laundry, shopping for food, etc. Let him/her make choices to give him opportunity to make mistakes and learn from them.

Stay involved in your child's education. Learn what the expectations from each grade level. Build relationships with the school by being part of the Parent Teacher Organization and volunteering during special events.

Finally, stay emotionally connected by building healthy relationships with your student throughout his/her life, not just in their early years but beyond. This is the key to a confident and responsible adult.

**Looking for Summer Ideas for Kids**? Please visit <u>Blue Star</u> for free access to museums, <u>Kids.Gov</u>, <u>Care.Com</u>, <u>Great Schools</u> and <u>About</u> Parenting for suggested activities.

MOVING IN AND OUT OF THE COMMUNITY AND NEEDING A YOUTH SPONSOR? Please call 540-653-8009 (Dahlgren) or 301-743-5456 (Indian Head) or your School Liaison Officer at 540-413-7287 or email slo.nsasp.fcm@navy.mil for more information.