



FLEET AND FAMILY SUPPORT CENTER WORKSHOPS

JANUARY 2020



OFFICE HOURS
M-T-Th-F
0730 – 1600
W- 10:30-1600

*Closed Holidays
& Weekends*

DAHLGREN FFSC
6027 School House Ln.
Dahlgren, VA 22448

PHONE: 540-653-1839

INDIAN HEAD FFSC
(Bldg D-328)
4260 Steve's Way Indian
Head, MD 20640

PHONE: 301-744-4846

➤ **To register for a workshop, please call FFSC to be added to the class roster.**

DAHLGREN

9 Thursday	10 Steps to a Federal Resume	0900-1200
10 Friday	Effective Communication	1400-1500
13-17 M-F	CFS	0800-1600
14 Tuesday	Sponsorship Training	1300-1400
14 Tuesday	IA Family Fun Event	1600-1800
17 Friday	Stress Management 101	1400-1600
21 Tuesday	Preparing for New Baby	0900-1200
22 Wednesday	1,2,3 Magic: Baby Class	1000-1100
22 Wednesday	SAPR Refresher	1200-1600
24 Friday	Couples Communication	1400-1600
30 Thursday	Basic Financial Planning	0900-1100
30 Thursday	Home Buying	1300-1400

INDIAN HEAD

3 Friday	Effective Communication	1400-1500
15 Wednesday	Sponsorship Training	1200-1300
23 Thursday	1,2,3, Baby Magic	1400-1500
29 Wednesday	Job Hunting Made Easy	1100-1200
31 Friday	Couples Communication	1300-1500