Welcome to NSF Dahlgren! Located between the Potomac and Rappahannock rivers, the base sits on approximately 4,000 acres and conducts Naval research and development. The community, which is 55 miles south of Washington, DC, and 28 miles east of Fredricksburg, Va., is nestled in a rural area that offers numerous recreation opportunities and nature excursions. The area is rich in history featuring the birthplaces of founding fathers George Washington, James Madison and James Monroe, and Civil War General Robert E. Lee as well as Civil War battlefields and antebellum plantations. The Fleet and Family Support Center staff is available to answer questions, provide information and help you settle into your new community.

Fleet and Family Support Center 6027 School House Lane, Suite 208 Dahlgren, VA 22448 Relocation Assistance Program (540) 653-1839 or (800) 500-4947

Check in

All incoming military personnel should report to their Command for inprocessing directions and guidance. (If you report after hours, on a weekend or holiday, go to billeting first and check in with your Command the next business day). Single or unaccompanied personnel will be assigned billeting at the Potomac Inn Billeting Office, Bldg. 960. Military members accompanied by their families will be escorted to temporary lodging and Base Housing.

Incoming personnel should have the following documentation:

- Military ID cards
- Driver's license
- Copy of their orders
- Leave forms
- Copies of travel receipts
- Copies of travel advances
- Vehicle registration and insurance information

Families with school-age children should have:

- Birth certificates
- Immunization records
- Social security cards
- Current physical certification

Childcare

http://www.navymwrdahlgren.com/child-youth

Driving on base

Vehicles on NSF Dahlgren must be licensed, registered, inspected and insured in accordance with state and local laws. Rental vehicles are considered privately-owned vehicles for purposes of base entry and access control. The vehicle rental contract will suffice as proper licensing,

registration and proof of insurance for base access. Vehicle decals are not required for base access on NSF Dahlgren. Access to property and the installation shall be accomplished by vetting Personal Identity Information to determine the eligibility of an individual requesting and requiring access to the base. For more information please refer to NAVADMIN 146/13.

Speed limits aboard NSF Dahlgren are checked by stationary and mobile radars. Radar detectors are prohibited from use on the installation and in Virginia.

All Virginia drivers are prohibited from using a cell phone without a hands-free device while operating a motor vehicle in motion. Cell phone use is a primary violation and drivers will be stopped and cited. Exceptions are allowed for calls placed to 911, ambulance, hospital, fire or law enforcement agencies, as are calls made by emergency and law enforcement personnel.

Virginia and NSF Dahlgren also prohibit texting while driving. This law prohibits an individual from writing or sending a text message while operating a motor vehicle that is in motion or in the travel portion of the highway. This law does not apply to texting 911 or using a global positioning system.

Motorcyclists require proof of completed approved safety course and must wear proper safety gear.

Education

NSF Dahlgren School is a DoD school for children pre-K-8 grades. It is located on base. Other public and private schools are located in the area for children preschool to grade 12. If you have questions regarding transitioning your child to a new school, please contact the NSF Dahlgren School Liaison Officer at (540) 653-2070 or e-mail slo.nsasp.fcm@navy.mil. Information from the Virginia Department of Education can be found at http://www.doe.virginia.gov/students_parents/student_enrollment.shtml and http://www.doe.virginia.gov/support/student_family/military/index.shtml.

Home Schooling

For information and other homeschooling resources, contact the School Liaison Officer or go to Virginia Department of Education at

http://www.doe.virginia.gov/students_parents/private_home/index.shtml.

Public Schools

Dahlgren is part of the King George County Public Schools System (KGCS). Approximately 4,174 students attend the public schools (three elementary schools, one middle school and one high school). The schools offer Gifted Education for students and Special Services for students with disabilities ages two to 21. Low pupil-teacher ratios help to facilitate differentiated instruction for students at each grade level. For more information, go to http://www.kgcs.k12.va.us.

Private Schools

For a partial listing of private schools in the area, go to www.doe.virginia.gov/directories/private_schools.

Higher Education

The Dahlgren area is close to numerous institutions of higher learning. Old Dominion University offers numerous classes for undergraduate, master's and doctorate degrees and military affiliated courses. For more information, visit its website at http://dl.odu.edu/locations/dahlgren. University of Mary Washington (UMW) Dahlgren Campus is a source of higher education for continuing educational and professional development of the region's engineers, scientists and administrative professionals by providing educational programs, services online and in interactive video. For more information, visit its website at http://dahlgren.umw.edu.

Fredericksburg, less than 30 miles from Dahlgren, has two additional higher education opportunities. Germanna Community College is a two-year public college that is part of the Virginia Community College System. For more information, go to www.germanna.edu. Strayer University provides higher education programs for working adults. For more information, go to www.strayer.edu.

Employment

The Family Employment Readiness Program (FERP) is available to assist you in establishing career goals and objectives, developing and refining resumes, and directing you to job leads and resources. Call (540) 653-1839 for more information.

Government employment opportunities can be found at www.usajobs.com/ndw. For area employment opportunities, go to the Virginia Employment Commission Web site at www.vec.virginia.gov.

Exceptional Family Member Program

http://www.navymwrdahlgren.com/programs/e527897b-e90f-483d-a0fc-da4bc5092fff

Housing

http://www.navymwrdahlgren.com/support-services/housing

Identification cards

The CAC/ID Card Office staff process CAC, ID cards and DEERS updates. The office is open for appointments and walk-ins Monday-Friday, 7:30 a.m.-4 p.m. Customers with confirmed appointments are seen before all walk-in customers, who are then seen in order of sign-in. https://rapids-

appointments.dmdc.osd.mil/(S(05n5pqao5euc01oaodj3isk3))/appointment/default.aspx.

Loan Locker

NSF Fleet and Family Support has a Loan Locker Hospitality Service. Items available include futon sleep mattresses, dishes, pots and pans, tables and chairs, linens, coffee pot, iron and toaster kits. The items are free to use for up to 30 days. All items must be returned clean, washed and undamaged. To borrow loan locker items, please bring a copy of your orders and a military ID card to the Fleet and Family Support Center. For more information, please call the Relocation Assistance Program at (540) 653-1839 or (800) 500-4947.

Lodging

http://www.navymwrdahlgren.com/lodging

Caffee House

Incoming families are eligible to stay at Caffee House, temporary lodging, up to 30 days with PCS orders. It is located in the center of base close to several services such as the NEX, Commissary, library, pool and movie theater. Pets, with the exception of service dogs, are not authorized in the guest rooms.

Certificate of Non-Availability

If there is lodging available at Navy Lodge or Navy Gateway Inns and Suites, personnel on PCS and TDY orders must obtain a Certificate of Non-Availability (CNA) in order to be reimbursed for off-base lodging. CNAs for PCS orders will be issued by the Navy Lodge and CNAs for TDY orders will be issued by Navy Gateway Inns and Suites. CNAs must be issued before your arrival date.

Medical Care

Active-duty service members and their family members must enroll in this region to receive medical care through Tricare. Upon arrival at NSF Dahlgren, please call (877) TRICARE or visit www.tricare.mil, www.hnfs.com or https://www.dmdc.osd.mil/appj/bwe/indexAction.do to enroll in TRICARE.

The NSF Dahlgren Naval Health Clinic provide services for active-duty and TRICARE Prime enrollees including Dental care, Gynecology, Primary care (well-baby checks, physical exams, school and sports physicals, ongoing health maintenance), laboratory, Military Medicine, Occupational health, pharmacy and Radiology. All urgent, emergency and inpatient care is provided at local civilian facilities or at military medical treatment facilities within Naval District Washington.

For more information, please call the Clinic at (540) 653-8241. For information about clinic hours, services, appointments and updating DEERS, visit the NSF Dahlgren website at http://www.med.navy.mil/sites/paxriver/Pages/servicesD.html

Pets

Your family may include four-legged or feathered family members, too. Ensure your pets have a smooth move by using the following tips:

- Make arrangements for transportation of your pet(s) well in advance.
- Have your pet examined by a veterinarian before you move. Get a copy of all health records, rabies certificate and other certificates. The certificate should include a complete description of your pet, a list of all inoculations and a statement that it is free from infectious diseases. Carry the records and certificates with you.
- If your pet is excitable or gets motion sickness when traveling, ask your veterinarian to prescribe medications.
- Attach an identification tag to your pet's collar. The tag should include the pet's name, your name and destination address and the name and address of a person to contact in case you can't be reached. Also, carry with you a color photo and, if your pet has a ID chip, the chip's number.
- If you will transport your pet via airplane, check with your airline carrier regarding regulations and restrictions.
- If you are traveling with your pet via personal vehicle, you can find pet-friendly hotels at Petswelcome.com.
- If your pet is excitable or gets motion sickness when traveling, ask your veterinarian to prescribe medications.
- Attach an identification tag to your pet's collar. The tag should include the pet's name, your name and destination address and the name and address of a person to contact in case you can't be reached. Also, carry with you a color photo and, if your pet has a ID chip, the chip's number.
- If you will transport your pet via airplane, check with your airline carrier regarding regulations and restrictions.
- If you are traveling with your pet via personal vehicle, you can find pet-friendly hotels at Petswelcome.com.
- If you are staying in temporary on-base lodging, please be aware that pets, with the exception of service dogs, are not authorized in the guest rooms. The Caffee House front desk has information about local kennels.
- If you will live in on-base housing, your must register your pet. Complete the Personal Property Registration Form (NAVSWC 5512/13) with the Physical Security Branch Office. Please speak directly to a representative from the housing office to determine the type and quantity of pets allowed.
- There is no veterinary service or boarding facility on NSF Dahlgren. The Dahlgren area has a number of private veterinarians and boarding kennels.

Sponsor

Your sponsor (per OPNAVINST 1740.3C) is one of the most significant resources for assistance before and during your move. He/she provides information concerning your new command and community, helps with various things including travel plans and lodging arrangements. Once you arrive at NSF Dahlgren, your sponsor will continue to offer assistance to you and your family.

Once you receive orders, please allow 15 business days for your sponsor to contact you by letter, e-mail or phone. If this time has expired or you need a more timely response, please contact the Fleet and Family Support Center at (540) 653-1839.

Transportation

NSF Dahlgren is in a remote area, so a personal vehicle is highly recommended. The closest airport is Reagan National in Washington, DC, which is 1.5 hours from base. There is no public transportation to NSF Dahlgren from the airport. Due to budget restrictions, there no longer is free base transportation service from airports to NSF Dahlgren.

If you are traveling by bus or training, the closest station is Fredericksburg, which is 30 miles from the base. Taxi service is approximately \$60 and taxi fares generally are not reimbursable unless commercial transportation is included in your orders. So, it is recommended you arrange transportation with your Command sponsor or request a Command duty driver.

Resources

Base and Community Information

Colonial Beach Chamber of Commerce (804) 224-8145 www.colonialbeach.org

King George Chamber of Commerce (540) 358-1542 www.kinggeorgechamber.com

King George County www.king-george.va.us

Virginia state information www.virginia.gov

NSF Dahlgren www.navymwrdahlgren.com

NSF Dahlgren base pass and identification card (540) 653-8689

Child Care

Child Development Centers (540) 653-4994

Child Development Homes (540) 653-5823

Education

NSF Dahlgren School, pre-K-8 grades (540) 653-8822

King George Elementary School (540) 775-5411 www.kgcs.k12.va.us/kges/index.htm

Potomac Elementary School (540) 663-3322 www.kgcs.k12.va.us/pes/index.htm

Sealston Elementary School (540) 775-3400 www.kgcs.k12.va.us/ses/index.htm

King George Middle School (540) 775-2331 www.kgcs.k12.va.us/kgms/index.htm

King George High School (540) 775-3535 www.kgcs.k12.va.us/kghs/index.htm

Germanna Community College (540) 891-3000 http://www.germanna.edu/about-

germanna/locations/fredericksburg-area-campus.asp

Old Dominion University (540) 663-4035 http://dl.odu.edu/locations/dahlgren

University of Mary Washington Dahlgren Campus (540) 663-4030 http://dahlgren.umw.edu

Strayer University (540) 374-4300 www.strayer.edu

Employment

Government www.usajobs.com/ndw

Military Spouse Career Network http://msccn.org

Virginia Employment Commission www.vec.virginia.gov

Household Goods and Personal Property

Household Goods (703) 806-4900 (800) 762-7186 <u>householdgoods@navy.mil</u> www.move.mil Loan Closet (540) 653-1839

Personal Property, Inbound Counselor (888) 271-7950

Housing

Bachelor Quarters (540) 653-7671

Housing Service Center http://www.cnic.navy.mil/HEAT

Housing Welcome Center 540-663-2190, (540) 653-8505 or (800) 846-6827 540-663-2190

Lincoln Military Housing http://lincolnmilitary.com/installations/dahlgren-nsf

Lincoln Military Housing Maintenance (888) 578-4141

Lodging

Caffee House (540) 653-7671

Navy Gateway Inn & Suites (877) NAVY-BED http://www.dodlodging.net

Navy Getaways-Solomons Lodging (410) 326-7302 or (410) 326-7301

Navy Lodge (800) NAVY-INN http://www.navy-lodge.com

Medical

Branch Dental Clinic (540) 653-8564

Branch Medical Clinic (540) 653-8241

Recreation

King George County Parks and Recreation (540) 775-4386 https://kinggeorge.recdesk.com Navy Getaways-Solomons (410) 326-7302

Shopping

Commissary (540) 653-7317

Exchange (540) 653-5312

Support

Chaplain (540) 653-8297

Command Duty Officer (540) 850-2380

EFMP (540) 653-1839

Fleet and Family Support Center (540) 653-1839

ID and Pass Office (540) 653-6890

Information Operator (540) 653-8291

Military One Source www.militaryonesource.mil

Morale, Welfare and Recreation (540) 653-7777

Navy-Marine Corps Relief Society (540) 653-8647 or (540) 653-2071 http://www.nmcrs.org

Personal Financial Management (540) 653-1839 or (800) 500-4947

Police 911, (540) 653-2220 or (540) 653-2221

Post Office (540) 663-3230

Red Cross (540) 373-5176 or (877) 272-7337 Relocation Assistance Program (540) 653-1839 or (800) 500-4947 Security (540) 653-8291 or 911 Welcome/Visitors Center (540) 653-6890

Taxes

King George County (540) 775-2571 <u>www.king-george.va.us/county-offices/treasur/treasurers-office.php</u>

Virginia State Income Tax www.tax.virginia.gov

Utilities

Electric

Dominion VA Power (888) 667-3000

Northern Neck Electric Cooperative (804) 333-3621

Solid Waste Disposal and Recycling

King George County (540) 775-3123

TV

DirectTV satellite (855) 463-7539

HughesNet (855) 663-0185 www.hughesinternet.net

MetroCast Cable (540) 775-0699 or (800) 633-8578

Verizon Fios (800) 483-4000 http://fios.verizon.com

Water and Wastewater

King George County Service Authority (540) 775-2746

Vehicle Registration

King George County (804) 497-7100