

# **Virtual Leprechaun Challenge 5K**

## **March 14-20**

A leprechaun stole your best finish time!  
Challenge him to a race for a new personal best!

Send a photo of your luckiest,  
green apparel via Messenger to  
@DahlgrenFFR to be entered to win  
a prize by March 21.

Register online at  
[www.NavyMWRDahlgren.com/Register](http://www.NavyMWRDahlgren.com/Register)

**FREE**

Open to all with base access.

FOLLOW ALL CDC GUIDELINES AND SOCIAL  
DISTANCING RULES WHILE EXERCISING OUTSIDE.  
ALWAYS CONSULT WITH A PHYSICIAN BEFORE  
BEGINNING ANY EXERCISE PROGRAM.

